



## NEW ENGLAND MASTERS RACE CAMP

Presented by



**JANUARY 10-13, 2022**

### WHAT YOU GET:

- Top-level coaching to jump start your ski season
- 2 days of GS training: Technique, tactics, timed runs
- 2 days of slalom training with progression through brushes, stubbies and gates
- Daily video analysis
- Daily door prizes
- Evening programs to help you pick the right gear and go faster
- Maximum participants: 32
- Maximum 8:1 athlete-coach ratio.
- FUXI gift bag with additional gifts from sponsors
- Awesome camp shirt!
- Booster Strap and LEKI demos
- Camp proceeds support New England Masters Skiing. Thank you!

### SCHEDULE:

**Sunday, Jan 9:** Camp check-in, 6:00-8:00pm, Doubletree by Hilton Hotel Leominster.

**Monday, Jan 10:** Free-skiing drills on slalom skis (morning). Slalom training in brushes, stubbies (afternoon). Evening program: "Trends in race gear for masters", presented by Matt McKenna, Race Director, Marker Dalbello Volkl. Q&A with coaches.

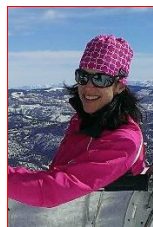
**Tuesday, Jan 11:** Slalom training in stubbies and full gates. Evening program: "How to Get in Shape (and Stay There) for Ski Racing", by Doug Lewis, Founder, Eliteteam Camps.

**Wednesday, Jan 12:** Free-skiing drills on GS skis (morning). GS gate training with line drills (afternoon). Evening program (via Zoom) – "How to Prep Your Skis for Race Day", by Graham Lonetto, SWIX Race Director.

**Thursday, Jan 13:** GS training (morning). GS timed runs (afternoon). Camp wrap up.M

Sign up at [Masters.AdminSkiRace.com](https://Masters.AdminSkiRace.com)

## COACHING STAFF:



**Lisa Ballard**



**Doug Lewis**



**Doug Tucker**



**Luke Hanlon**

**Lisa Ballard, Camp Director:** 2020 FIS Masters SG + age group champion; 6X US Masters Skier-of-the-Year; 100+ US alpine masters titles (DH, SG, GS, SL); 2020 Canadian Masters Grand Champion, 25+ years coaching experience; Author, *Ski Faster! Guide to Racing & High Performance Skiing*. Lisa is currently ranked #1 in Super and #3 in GS and #3 in slalom among all women on the FIS masters point list.

**Doug Lewis:** 2X Olympian (1984, 1988); DH Bronze, 1985 World Championships; 2x US National Downhill Champion (1986, 1987); 1994 Jeep King of the Mountain Champion; Member, US Ski Hall of Fame; Analyst, NBC Sports and Olympic skiing coverage; Founder, principal, Eliteam Camps, since 1991.

**Doug Tucker:** 9X US Alpine Masters Champion; US Ski & Snowboard-certified coach; 30+ years coaching experience - U10, college, masters; coach for Killington Mountain School, Green Mountain Valley School and Okemo Mountain School, numerous race camps worldwide.

**Luke Hanlon:** Former WVBBS racer with numerous top 10 FIS results; Winner of Wachusett's 2019 Ralph Crowley Classic and Great Race. 2014 Massachusetts State Slalom Champion. Wachusett race coach and camp liaison with the mountain.

## COST

### **Full Camp: \$480**

Available November 1, 2021 to current members of New England Masters Skiing  
Available first come, first served on November 3, 2021

### **Day Rate: \$120 per day**

Available first come, first served on November 7, 2021

*\*Camp tuition does not include transportation, lift tickets, lodging and meals. (See below.)*

## LODGING DEAL:

### **Doubletree by Hilton Hotel Leominster**

99 Erdman Way, Leominster, MA 01453  
Phone: 978-534-9000



7.2 miles from Wachusett Mountain.

\$109 per night + 11.7% taxes

To reserve on-line, [click here](#).

**Group Name:** New England Masters Camp

To reserve by phone, call 1-978-534-9000. Hit "0" for the front desk. Ask the for the 2022 New England Masters Camp rate.

*Note: Room block releases on December 19, 2021. This discounted rate is NOT available after the room block is released. Breakfast is not included but is available in the hotel dining room.*

## DISCOUNTED LIFT TICKETS

\$50 per day. Purchase tickets on-line at Wachusett.com. Code: MASTERS

**CANCELATION POLICY:**

If New England Masters cancels the camp due to COVID-19, weather or for any other reason, your camp fee is fully refundable less the credit card processing fee.

If YOU need to cancel:

- Prior to December 9: 100% refund, minus credit card fee
- December 9 - 23: 50% refund, minus credit card fee. If your spot is filled by another racer, then 100% refund minus credit card fee
- December 24 - arrival date: No refund unless your spot is filled by another racer. If your spot is filled, then 100% refund minus credit card fee

**MORE INFO:**

**Lisa Ballard**, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com

**Matt Mitsis**, Chair, Eastern Masters Division, US Ski and Snowboard, matthew.mitsis@gmail.com

Sign up at [Masters.AdminSkiRace.com](http://Masters.AdminSkiRace.com)

Thank you to our presenting sponsor!



and our additional camp sponsors:



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