

# "Give It A Try"

## Masters Ski Race Clinic

### DETAILS:

**When:** January 17, 2013

**Where:** Cochran's Ski Area

**Who:** Anyone Age 18+

**Cost:** \$35 (Tickets + \$15)

### MORE INFO:

[www.nemasters.org](http://www.nemasters.org)

[www.skiracereg.com](http://www.skiracereg.com)

New England Masters Skiing (NEMS) in conjunction with the United States Ski & Snowboard Association (USSA) is offering a one day learn-to-race program to introduce skiers to Masters ski racing.

- Never been in gates before?
- Want to ski faster in your local league?
- Want a gold in NASTAR?
- Want to step it up to full-length World Cup-style courses?

**If you answered yes to ANY of these questions, THIS IS YOUR DAY!**

### SCHEDULE:

**8:00:** Morning Check-In

**8:30:** "Basics of Ski Racing" Presentation

**9:00:** Break into groups for morning GS

**12:00:** Lunch with presentation on "Ski Racing Strategies & Tactics"

**1:00:** Full-length GS/SL training

**3:30:** "Get Involved with Masters" presentation with Q&A session

**4:30:** Post-Clinic social featuring munchies & prizes!

**6:00:** Optional spaghetti dinner for \$10

### WHAT YOU GET:

- ◆ Professional coaching by former World Cup racers & National Champions Lindy Kelley & Bobby Cochran, as well as several Masters Class Champions.
- ◆ Ski racing fundamentals, both techniques and tactics
- ◆ GS training sessions & optional SL training session
- ◆ Video analysis of your skiing
- ◆ Temporary USSA Masters license for participants who wish to give masters racing a try the next day at the Middlebury Cup in Middlebury, VT

#### Sign Me Up!

Register online at [www.skiracereg.com](http://www.skiracereg.com)

#### Questions or Concerns Please Contact:

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